

BREAKFAST BAPS & BURRITOS

BACON BAP Sausage Bap Pulled Pork Bap Veggie Bap

Veggie sausage and scrambled egg. (V)

BREAKFAST BURRITO

Scrambled egg, fresh tomato salsa,

BREAKFAST BOWLS

FULL ENGLISH

Pork sausage, back bacon, hash brown, scrambled egg, refried beans.

FULL MEXICAN

Slow cooked pulled pork, sausage, scrambled egg, hash brown, guacamole, fresh tomato salsa.

VEGGIE BREAKFAST

Veggie sausage, hash brown, scrambled egg, guacamole, refried beans. (V)

POLLO SUNRISE

HOT DRINKS

AMERICANO FLAT WHITE CAPPUCCINO LATTE ESPRESSO

guacamole, cheese, pulled pork.

VEGGIE BURRITO

Scrambled egg, veggie sausage, fresh tomato salsa, guacamole, cheese. (V) Braised chicken, scrambled egg, hash brown, guacamole, fresh tomato salsa (Halal).

ADD EXTRAS

Egg — Bacon — Hash Brown Sausage or Veggie Sausage — Guacamole — Salsa

EVERYDAY TEA

Oat & soya alternative milks are available (free of charge).

Flavour syrups are available: Vanilla / Caramel / Hazelnut



LARGE BURRITOS

EL PRESIDENTE

Slow cooked pork, chicken and beef all together in one great big $\frac{1}{2}$ kilo burrito with all the trimmings.

THE JUAN

Chicken breast, rice, refried beans, pico de gallo, cheese, lettuce. (Halal)

CHA CHA CHIA

Beef, sauteed vegetables, rice, black beans, cheese, pico de gallo, pumpkin and chia seeds, guacamole.

5-A-DAY

Sauteed vegetables, rice, refried beans, lettuce, pico de gallo, guacamole, lime red onions. (VE)

PACHAMAMA

Cauliflower , sauteed vegetables, refried beans, rice, lettuce, pico de gallo, lime red onions, pumpkin and chia seeds, and guacamole. (VE)

POWER BOWLS & NACHOS

PROTEINA GRANDE BOWL

Slow cooked chicken and pork, rice, lettuce, cheese, pico de gallo, guacamole. (GF)

POLLO POWER BOWL

Braised chicken, sauteed vegetables, black beans, lettuce, pico de gallo, guacamole. (Halal / GF)

VIDA VERDE BOWL

Sauteed vegetables, cheese, rice, lettuce, pico de gallo, guacamole. (V / GF)

NACHOS GRANDE

Corn chips, cheese, guacamole, pico de gallo, sour cream, and jalapeños. (V / GF)

SUPER CHICKEN NACHOS GRANDE

Our loaded nachos topped with slow cooked chicken. (Halal / GF)

TACOS & QUESADILLAS

CARNITAS

Three soft tacos with slow cooked pork, lettuce, pico de gallo, cheese and lime red onions. (GF)

BARBACOA

Three soft tacos with slow cooked beef, lettuce, pico de gallo, cheese and lime red onions (GF)

POLLO

Three soft tacos with grilled chicken, lettuce, pico de gallo, cheese and lime red onions. (GF)

5-A-DAY

Three soft tacos with sauteed vegetables, lettuce, pico de gallo, guacamole and lime red onions. (VE / GF)

QUESADILLA

Toasted flour tortilla filled with cheese and your choice of beans, beef, chicken or pork.

SOFT DRINKS

COKE ZERO COKE ZERO SPRITE FANTA WATER (Still or Sparkling)

APPLE JUICE Orange Juice

COCKTAILS & BEERS

BENITO'S MARGARITA ESPRESSO MARTINI PINA COLADA STRAWBERRY DAQUIRI





DISHES						Lupin Flour			MUSTARD			FIGH	6	Beer
	Celery	Crustaceans	Eggs	Fish	Cereals containing gluten	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

Tuna Salad [example]		\checkmark	\checkmark			\checkmark	\checkmark				
MAINS				·							
THE JUAN BURRITO	1			✓ Tortilla	1	1	1		1	1	1
THE FELIPE BURRITO	1			✓ Tortilla	1	1	1		1	1	1
CHA CHA CHIA BURRITO	1			√ Tortilla	1	1	1	✓ SPICY SEEDS	1	1	1
5 -A DAY BURRITO				 ✓ Tortilla 						1	1
EL PRESIDENTE BURRITO	1			✓ Tortilla	1	1	1		1	1	1
BEEF BARBACOA TACOS COMBO	1			✓ Tacos Wheat	1	Cheese Sour	1		1		1



DISHES						Lupin Flour			MUSTARD		0		6	Beer WINE
	Celery	Crustaceans	Eggs	Fish	Cereals containing gluten	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

			Cream						
BRAISED CHICKEN TACOS COMBO	1	√ Tacos Wheat	✓ Cheese Sour Cream	1			1		✓ Salsa Verde
TACO VEGANOS COMBO		√ Tacos Wheat							✓ Salsa Verde
CARNITAS - PORK TACOS COMBO	1	√ Tacos Wheat	✓ Cheese Sour Cream	1			1		✓ Salsa Verde
TACOS AL PASTOR	1	√ Tacos Wheat		1	√ SPICY SEEDS	\checkmark	1	✓	\checkmark
SUPER CHICKEN NACHOS GRANDE	1		✓ Cheese Sour Cream	1			1		✓ Salsa Verde
NACHOS GRANDE	1		✓ Cheese Sour Cream	✓ ✓			1		✓ Salsa Verde∕ JALAPENOS



DISHES						Lupin Flour			MUSTARD		0			Beer
	Celery	Crustaceans	Eggs	Fish	Cereals containing gluten	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

QUESADILLA BEANS	1	√ TORTILLA	✓ Cheese Sour Cream	1			1	1	
QUESADILLA CHORIZO		TORTILLA	✓ Cheese Sour Cream CHORIZO					1	•
BURRITO BEEF BARBACOA	1	√ TORTILLA		1			1	1	\checkmark
BURRITO SUPER SLOW SIMMERED PORK	1	√ TORTILLA		1			1	1	1
BURRITO CAULIFLOWER AL PASTOR	\checkmark	✓		\checkmark	\checkmark	\checkmark	1	\checkmark	\checkmark
BURRITO ACHIOTE BRAISED CHICKEN	1	√ TORTILLA		1			`	1	
BURRITO MIXED VEGETABLES		√ TORTILLA						1	



D	ISHES		V				Lupin Flour			MUSTARD		0		-6 <u>8</u>	Geer
		Celery	Crustaceans	Eggs	Fish	Cereals containing gluten	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

PROTEINA GRANDE SALAD	\checkmark			\checkmark	\checkmark		\checkmark			\checkmark	1	\checkmark
VIDA VERDE SALAD					\checkmark							\checkmark
POLLO POWER SALAD	\checkmark						\checkmark			\checkmark		
SIDES	-		ł	ł		ł	1	ł			ł	
ROASTED SPICED												1
PUMPKIN SEEDS								1	\checkmark	\checkmark	\checkmark	\checkmark
											✓ ✓	
PUMPKIN SEEDS					✓							✓ ✓



DISHES						Lupin Flour			MUSTARD		• <u>}</u>		6	Geer
	Celery	Crustaceans	Eggs	Fish	Cereals containing gluten	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

FRIJOLES (BLACK BEANS) AND CHORIZO					V CHORIZO	✔ CHORIZO				V CHORIZO	CHORIZO
CHEESE (MONTEREY JACK)						1					1
SOUR CREAM						1					
CHIPOTLE SLAW	1	1					~				1
CORIANDER & LIME RICE											
ESQUITES	1	1				1	1		1		
CAJUN CORN RIBS							√ CAJUN			SALSA CHIPOTLE	✓ SALSA CHIPOTLE
BAJA FISH TOSTADA	\checkmark	√ MAYO	\checkmark	✓ FLOUR / BEER			•				1



DISHES						Lupin Flour			MUSTARD				6	Beer
	Celery	Crustaceans	Eggs	Fish	Cereals containing gluten	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

NOPALES TOSTADAS								√ NOPALES
FLOUR TORTILLAS			1					
GUACAMOLE - NOT ALLERGENS -								
JALAPEÑOS	1							1
LETTUCE								
NAKED ESQUITES	1				1		1	
PICO DE GALLO								
REFRIED PINTOS BEANS	1				~			
TACOS WHITE/ BLUE CORN TORTILLAS								



DISHES						Lupin Flour			MUSTARD		0	Sister Contraction		Beer
	Celery	Crustaceans	Eggs	Fish	Cereals containing gluten	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

TORTILLAS CHIPS YELLOW CORN										
SALSA BRAVA	1						1		1	
CHIPOTLE MAYONNAISE	1		1				1			1
SALSA DIABLA	1						1		1	
SALSA VERDE										1
SALSA CHIPOTLE									1	1
SALSA PINA AND HABANERO										1
LIME RED ONIONS										
DESSERTS			<u> </u>	•	·		·			



DISHES						Lupin Flour			MUSTARD				6	Beer
	Celery	Crustaceans	Eggs	Fish	Cereals containing gluten	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

CHURROS WITH CHOCOLATE SAUCE		CHURROS	CHOCOLATE SAUCE			CHOCO- LATE SAUCE	CHOCOLATE SAUCE
BUNUELOS		V TORTILLAS					
BANANA BURRITO WITH APPLE SAUCE		V TORTILLAS	✓ ICECREAM				
APPLE SAUCE (NOT ALLERGENS)							
Cold drinks							
HIBISCUS							
HORCHATA			1				
LIMEADE							

Benito's - Dec 2021 version



DISHES						Lupin Flour	Milk		MUSTARD				6	Beer WINE
	Celery	Crustaceans	Eggs	Fish	Cereals containing gluten	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
ORANGE JUICE														
Review date:	15/12/2021 Reviewed b				by:	W.W						s You can fir informatior	nd this template	e, including more gov.uk/allergy

MAINS SIDES DESSERTS COLD DRINKS